

Maryland Fish Consumption Advisories

Statewide Fresh Water, Estuarine and Marine Waters

Recommended Meal Size: 8 oz - General Population and Women; 3 oz Children



NOTE: Consumption recommendations based on spacing of meals to avoid elevated exposure levels

1 **Women** = of childbearing age (women who are pregnant or may become pregnant, or are nursing)

2 **Children** = all young children up to age 6

♥ = Fish contains more than 1g beneficial fatty acids in a fillet the size of 2 decks of cards

Contaminant present in fish: * Mercury Δ PCBs + Pesticides

Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
Atlantic Croaker	Chesapeake Bay and Tributaries ^Δ	4	4	4
 American Eel	Anacostia River ^Δ	1 every other month	1 every other month	1 every other month
	Back River ^Δ	Avoid	Avoid	Avoid
	Bush River ^Δ	4	4	4
	Middle River ^Δ	1 every other month	1 every other month	Avoid
	Northeast River ^Δ	1	1	1 every other month
	Patapsco River/Baltimore Harbor ^Δ	Avoid	Avoid	Avoid
	Patuxent River ^Δ	3	3	3
	Potomac River (tidal)- 301 Bridge to DC Line ^Δ	1 every other month	1 every other month	1 every other month
	Rock Creek (Montgomery County) ^Δ	1 every other month	1 every other month	1 every other month
	Susquehanna River below Conowingo Dam ^Δ	Avoid	Avoid	Avoid
	South River ^Δ	2	2	1
 Black Crappie Continued	Cash Lake *	4	3	2
	Lake Artemesia *	6	5	3
	Lake Needwood *	6	5	3
	Lake Roland ^Δ	3	3	3
	Liberty Reservoir *	8	7	4
	Loch Raven Reservoir *	No Restrictions	No Restrictions	6
	Millington Wildlife Management. Area *	4	4	2
	Tuckahoe Lake *	No Restrictions	8	4
	Potomac River (non-tidal):			
	DC Line to Dam #3 ^Δ	2	2	2
	Dam #4 to Dam #5 ^Δ *	3	3	3

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
 Blue Catfish	301 Bridge to DC Line ^Δ	3	3	3
 Blue Crab 1 meal equals 9 crabs for general population & women (4 crabs for children)	<u>Crab meat</u> Back, Middle, or Patapsco Rivers including: Baltimore Harbor ^Δ Other Areas of the Bay ^Δ	6	6	5
		No Restrictions	No Restrictions	No Restrictions
	<u>Crab "mustard"</u> Mid Bay: Middle River to Patapsco River and Baltimore Harbor area ^Δ Other Areas of the Bay ^Δ	Do Not Eat Crab "Mustard"		
		Eat Sparingly		
 Brown Bullhead	Anacostia River ^Δ	5	5	4
	Back River ^Δ	2	2	2
	Chester River ^Δ	8	8	7
	Elk River ^Δ	2	2	2
	Magothy	6	6	5
	Middle River ^Δ	1 every other month	1 every other month	1 every other month
	Northeast River ^Δ	1	1	1
	Patapsco River/Baltimore Harbor ^Δ	1 every other month	1 every other month	1 every other month
	South River ^Δ	6	6	5
	Wicomico River ^Δ	7	7	6
 Chain Pickerel	Deep Creek Lake *	6	5	3
 Channel Catfish	Anacostia River ^Δ	Avoid	Avoid	Avoid
	Back River ^Δ	Avoid	Avoid	Avoid
	Bohemia River ^Δ	1 every other month	1 every other month	1 every other month

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
 Channel Catfish Continued	Bush River ^Δ	1	1	1 every other month
	Chester River and Tributaries ^Δ	5	5	4
	Choptank River ^Δ	2	2	2
	Conococheague *	No Restrictions	8	5
	Elk River (incl. C&D Canal) ^Δ	1 every other month	1 every other month	1 every other month
	Gunpowder River ^Δ	1 every other month	1 every other month	Avoid
	Jennings Randolph Reservoir ^Δ	4	4	4
	Middle River ^Δ	Avoid	Avoid	Avoid
	Monocacy River ^Δ *	1	1	1
	Nanticoke River ^Δ	4	4	3
	Northeast River ^Δ	1 every other month	1 every other month	1 every other month
	Patapsco River/Baltimore Harbor ^Δ	Avoid	Avoid	Avoid
	Patuxent River ^Δ	3	3	3
	Pocomoke River ^Δ *	3	3	3
	Potomac River (non-tidal):			
	DC Line to Dam #3 ^Δ *	1	1	1
	Dam #3 to Dam #4 ^Δ <18"	No Restrictions	No Restrictions	8
	Dam #4 to Dam #5 ^Δ *	2	2	2
	Potomac River (tidal):			
	301 Bridge to DC Line <18" ^Δ	1 every other month	1 every other month	Avoid
	301 Bridge to DC Line >18" ^Δ	Avoid	Avoid	Avoid
	Rewastico Creek ^Δ	4	4	3
	Rocky Gorge Reservoir *	6	5	3

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
 Channel Catfish Continued	Sassafras River ^Δ	2	2	1
	Susquehanna River:			
	above Conowingo Dam ^Δ	1	1	1
	below Conowingo Dam ^Δ	1 every other month	1 every other month	1 every other month
	Wicomico River ^Δ	2	2	1
 Common Carp	Back River ^Δ	Avoid	Avoid	Avoid
	Lake Roland ^Δ +	2	2	2
	Potomac River (tidal):	Avoid	Avoid	Avoid
	301 Bridge to DC Line ^Δ			
Apply Potomac River advisory for carp to Bohemia, Bush, Elk (C&D Canal), Gunpowder, Northeast, Patapsco, and Potomac Rivers since elevated PCB levels in these locations may be anticipated.				
 Rock Bass ♥	Antietam Creek ^Δ	2	2	1
	Conococheague Creek * ^Δ	No Restrictions		7
	Savage River Reservoir *	2	2	1 every other month
 Spot ♥	Chesapeake Bay and Tributaries ^Δ	5	5	4
 Striped Bass ♥	Chesapeake Bay and Tributaries ^Δ			
	Greater than 28 inches	1	1	1 every other month
	Less than 28 inches	3	3	2
	Maryland's Atlantic Coastal Waters ^Δ	1	1	1 every other month
 Sunfish (incl. Bluegill)	Statewide: all publicly accessible lakes and impoundments except those listed below*	No Restrictions	No Restrictions	No Restrictions
	Anacostia River ^Δ *	7	7	5
	Antietam River ^Δ *	2	2	2

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		General Population	Women ¹	Children ²
 Sunfish (incl. Bluegill) Continued	Bush River * ^Δ	No Restrictions	No Restrictions	8
	Cash Lake *	8	7	4
	Centennial Lake *	6	6	3
	Lake Artemesia *	No Restrictions	No Restrictions	7
	Lake Lariat *	4	3	2
	Lake Needwood *	No Restrictions	No Restrictions	6
	Lake Roland ^Δ	No Restrictions	No Restrictions	8
	Liberty Reservoir *	No Restrictions	No Restrictions	8
	Little Seneca Lake *	No Restrictions	No Restrictions	8
	Millington Ponds*	No Restrictions	No Restrictions	5
	Piney Reservoir *	No Restrictions	No Restrictions	8
	Potomac River (tidal):			
	301 Bridge to DC Line ^Δ	2	2	2
	DC Line to Dam #3 ^Δ *	5	5	4
	Dam #4 to Dam#5 *	No Restrictions	No Restrictions	5
	Rock Creek (Montgomery County) ^Δ	3	3	3
	Rocky Gorge Reservoir *	No Restrictions	No Restrictions	7
	Susquehanna River above Conowingo Dam ^Δ	6	6	5
	Triadelphia Reservoir *	No Restrictions	No Restrictions	6
	Wilde Lake *	6	5	3
 Small and Largemouth Bass ♥	Anacostia River ^Δ	1	1	1
	Big Pool *	3	3	2
	Blair Valley Lake *	6	5	3
	Broadford Lake *	3	3	2
	Bush River * ^Δ	5	4	3

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Species	Waterbody	Recommended Meals/Month		
		General Population	Women ¹	Children ²
 <p>Small and Largemouth Bass ♥</p> <p>Continued</p>	Cash Lake *	3	2	1
	Centennial Lake *	8	7	4
	Clopper Lake *	5	5	3
	Conococheague Creek *	8	7	4
	Cunningham Falls Lake *	5	5	3
	Deep Creek Lake *	4	3	2
	Greenbelt Lake *	No Restrictions	8	5
	Jennings Randolph Reservoir *	6	5	3
	Johnson's Pond *	7	6	4
	Lake Artemesia *	5	4	2
	Lake Bernard Frank *	2	2	1
	Lake Habeeb *	7	6	3
	Lake Kittamaquondi Δ	No Restrictions	No Restrictions	8
	Lake Lariat *	1	1	1 every other month
	Lake Linganore *	7	6	3
	Lake Needwood *	3	3	2
	Lake Roland *	5	4	3
	Liberty Reservoir *	6	5	3
	Little Seneca Lake *	5	4	3
	Loch Raven Reservoir *	3	3	2
	Millington Wildlife Management. Area *	3	3	2
	Monocacy River *	8	7	4
	Myrtle Grove Lake *	No Restrictions	No Restrictions	8
	Piney (Frostburg) Reservoir *	2	2	1 every other month
	Piney Run Lake *	No Restrictions	No Restrictions	6

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		General Population	Women ¹	Children ²
 <p>Small and Largemouth Bass ♥</p> <p>Continued</p>	Potomac River @ Spring Gap *	1	1	1 every other month
	Potomac River: 301 Bridge to DC Line ^Δ *	2	2	2
	Potomac River: DC to Dam #3 *	3	3	2
	Potomac River: Dam #4 to Dam #5 *	5	5	3
	Prettyboy Reservoir *	6	5	3
	Rocky Gorge Reservoir *	3	3	1
	Savage Reservoir *	2	2	1 every other month
	Smithville Lake *	No Restrictions	No Restrictions	5
	St. Mary's Lake *	2	1	1 every other month
	Stemmers Lake *	No Restrictions	No Restrictions	8
	Susquehanna River above Conowingo Dam *	No Restrictions	No Restrictions	6
	Triadelphia Reservoir *	5	5	3
	Tuckahoe Lake *	3	3	2
	Unicorn Lake *	No Restrictions	No Restrictions	5
	Urieville Community Lake	No Restrictions	No Restrictions	8
	Wilde Lake *	No Restrictions	No Restrictions	8
	Wye Mills Community Lake *	No Restrictions	No Restrictions	8
	Youghiogheny River Lake *	6	5	2
 <p>Trout ♥</p>	Put-and-Take Trout Fishing Areas	No Restrictions	No Restrictions	No Restrictions
	Antietam Creek:			
	Funkstown Bridge to Mouth ^Δ	1 every other month	1 every other month	1 every other month
	North Branch Patapsco ^Δ	5	5	4
	Jones Falls ^Δ	6	6	5

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		General Population	Women ¹	Children ²
 Walleye	Savage River *	7	6	4
	Jennings Randolph Reservoir *	4	4	2
	Potomac: Dam #4 to Dam #5 *	4	4	2
	Savage River Reservoir *	1 every other month	1 every other month	Avoid
	Youghiogheny River Lake *	2	2	1
 White Catfish	Patapsco River/Baltimore Harbor Δ	Avoid	Avoid	Avoid
	Potomac River: 301 Bridge to DC Line Δ	Avoid	Avoid	Avoid
 Yellow Perch	Bush River Δ	2	2	1
	Elk River Δ	1 every other month	1 every other month	1 every other month
	Deep Creek Lake *	8	7	4
	Gunpowder River Δ	1	1	1
	Middle River Δ	Avoid	Avoid	Avoid
	Piney Run Lake *	No Restrictions	No Restrictions	6
	Susquehanna River below Dam Δ	2	2	2
 Yellow Bullhead Catfish	Youghiogheny River Lake *	6	6	3
	Lake Bernard Frank *	7	6	4
	Liberty Reservoir *	7	6	3
	Savage River Reservoir *	2	1	1 every other month
	Wilde Lake *	No Restrictions	No Restrictions	7
 White Perch	Youghiogheny River Lake *	No Restrictions	No Restrictions	7
	Back River Δ	1 every other month	1 every other month	1 every other month
	Bohemia River Δ	2	2	1
	Bush River Δ	3	3	2
	Chester River and Tributaries Δ	4	4	4

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		General Population	Women ¹	Children ²
 White Perch Continued	Choptank River ^Δ	6	6	5
	Eastern Bay: Miles & Wye River ^Δ	No Restrictions	No Restrictions	8
	Elk River (including C&D Canal) ^Δ	1	1	1 every other month
	Gunpowder River ^Δ	5	5	5
	Herring Bay ^Δ	1	1	1
	Liberty Reservoir *	3	2	1
	Magothy River ^Δ	4	4	3
	Middle River ^Δ	1 every other month	1 every other month	Avoid
	Mid Chesapeake Bay:			
	Pooles Island to Bodkin Point ^Δ	1 every other month	1 every other month	Avoid
	Nanticoke River ^Δ	8	8	7
	Northeast River ^Δ	2	2	1
	Patapsco River/Baltimore Harbor ^Δ	1 every other month	1 every other month	1 every other month
	Patuxent River ^Δ	8	8	7
	Pocomoke River ^Δ *	5	5	5
	Potomac River (tidal):			
	Mouth to 301 Bridge ^Δ	6	6	6
	301 Bridge to DC Line ^Δ	4	4	4
	Rhode & West Rivers ^Δ	1	1	1
	Sassafras River ^Δ	2	2	2
	Severn River ^Δ	2	2	1
	South River ^Δ	2	2	2
	Triadelphia Reservoir *	6	5	3